The Role of Tele-Rehabilitation in Health Care Transformation

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Key Takeaways

Physical therapists play an important role during and after a state and/or national emergency.

Physical therapists utilize telehealth to expand access, insure immediate response, support patients’ needs, effect positive functional performance, and mitigate risk.

Coverage for the provision of telehealth by physical therapists varies by payer and provider.

Although Communication Technology-Based Services (CTBS) may be considered a subset of telehealth services, CTBS does not meet the definition of telehealth under Medicare.

CTBS:

- e-visits
- virtual check-ins
- telephone services
- remote physiologic monitoring

Billing for telehealth and (CTBS) varies by code(s) and payer.

Coding – eligible CPT and HCPC codes

Modifiers – CR, 95, GT, GQ, GP

Place of Service – 02, 11, 12

APTA has developed extensive resources that are available to support physical therapists in executing on their role in the provision of services through CTBS and Telehealth. See the links below.

http://www.apta.org/telehealth/