Getting Yourself Out There: Conference Networking Tips for Newcomers

An Early Career Networking Group Webinar

with

Stephanie A. Kolakowsky-Hayner, PhD, CBIST, FACRM
Associate Professor

Icahn School of Medicine at Mount Sinai
Disclosures

• Dr. Stephanie Kolakowsky-Hayner does not have any financial or non-financial disclosures related to today’s presentation.

• She is program-committee chair for ACRM and was recently elected President-elect, but neither impact today’s presentation.
Objectives

• Attendees will be able to describe at least three ways to meet new people at a conference they have never attended before; a conference where they may not know other colleagues and a conference where they do not have a mentor present to make introductions.

• The presentation will include a discussion of this year's upcoming ACRM Annual Conference and will include identifying at least 5 opportunities to meet new people and network effectively.
Meeting New People at a Conference…

• 1. Use the time before the conference wisely
• 2. Arrive early, and get some 1:1 time
• 3. Sit next to interesting people, and introduce yourself
• 4. Break into circles of people
• 5. Invite people to talk to you

Adapted from 10 tips for meeting people at industry events by Andrew Chen
Meeting New People at a Conference…

• 6. Bring business cards, and ask for business cards
• 7. After the conference is as important as event itself
• 8. Learn to spot VIPs
• 9. Don’t overdo the conference circuit
• 10. And finally, have fun! It’ll get easier, I promise

Adapted from 10 tips for meeting people at industry events by Andrew Chen
This year’s ACRM…

• WRITE THIS DOWN AND REMEMBER IT!!!

• USE IT!!! KNOW IT!!! (you can download and use the app too!)

• https://acrm.org/meetings/2019-annual-conference/
5 ways to meet new people at ACRM....

• ECDC
• EC and New Member Reception
• Expo – ACRM booth
• ❤
• Gala!!!!
Early Career Networking Group
https://acrm.org/acrm-communities/early-career/

We invite you to join our Networking Group

Please Contact the Early Career Networking Group Chair: Brooks Wingo bcwingo@uab.edu
CONNECT with US, Follow us

@ACRMtweets

Find ACRM on Facebook, LinkedIn, Instagram, YouTube, Vimeo, Flickr and Google+, too

We hope you will join us:
Please Contact Early Career Networking Group Chair:
Brooks Wingo bcwingo@uab.edu
INTERPROFESSIONAL

Only ACRM brings together the WHOLE rehab team for INTERDISCIPLINARY NETWORKING.

Regardless of job title, ACRM welcomes all — doctors, nurses, assistants, administrators, public policy specialists, researchers and so many more numerous job titles — who all share deep passion about the research, the science, making a difference, advancing the field, and IMPROVING LIVES.