

ACRM Leadership Development Course

Strengthening the Leader Within to Lead a Stronger Team

PURPOSE

This course will help the aspiring or established leader identify and develop the skills necessary to lead diverse teams during challenging times. Attendees will learn from internationally recognized leaders, including past ACRM presidents, about best leadership practices from around the world. They will then be guided through exercises to identify those areas they would individually like to develop within themselves to be more effective leaders. Learners will also participate in workshops specifically designed to help them become resilient leaders when faced with challenges, and to create an inclusive environment for diverse teams. Finally, discussion will center around how attendees can develop as leaders and contribute to the advancement of rehabilitation medicine and research around the world.

COURSE SCHEDULE

8:30-5:00 pm CT

8:30-9:00 AM **Introductions – Attendees & Faculty** (Debbie Backus)

Objectives:

1. Introduce speakers
2. Introduce Leadership Development Framework
 - a. Leading Self
 - b. Leading Others
 - c. Leading Collective
 - d. Leading Performance and Change
 - e. Leading Inclusively
3. Rationale for focus on Self and Others for this course

- 9:00-9:45 AM **Keynote Speaker** (45 mins):
- Wendy Nelson**
 Founder and Project Lead, Vernissage Health
 Senior Fellow, IHPME, University of Toronto
- 9:45-10:00 AM **Q & A**
- 10:00-10:45 AM **Leading Self: Brain Writing Workshop** (Chris MacDonell, Terry Carolan, Pamela Roberts)
- Focus on applying what they heard during the talks and identify the skills they want to develop
- 10:45-11:30 AM **ACRM Past Presidents: Their Paths and Pearls**
- Moderated by** Stephanie Kolakowsky-Hayner
- During this session, ACRM Past Presidents will share their experiences and insights gained during their development and tenure as leaders in rehabilitation medicine and research.
- Panelists:**
- John Melvin, MD, MMSc, FACRM
 - Allen Heineman, PhD, ABPP, FACRM
 - Sue Ann Sisto, PT, MA, PhD, FACRM
- 11:30 AM - 12:15 PM **Round Table Discussions**
- Candid conversations/Conflict Resolution (Theresa Pape and Alison Cogan)
 - Managing the hybrid workforce (Stephanie Hayner)
 - Becoming a leader in ACRM (Debbie Backus & Pam Roberts)
 - Being a resilient leader – managing during a pandemic (Jeff Wertheimer & Pam Roberts)
 - Engaging a diverse team (Brad Kurowski)
- 12:15-1:15 PM **LUNCH ON YOUR OWN**
- 1:15-1:45 PM **Brain Writing Recap**
- 1:45-3:00 PM **Transcending Resilience with Innovation**
 (Jeff Wertheimer and Pamela Roberts)
- Discussion of Burnout, Resilience, and Professional Fulfillment
 - Exploration of Responses and Actions to Promote Innovation
 - Thematic Analysis of Leadership Traits to Catalyze a Cohesive and Progressive Workforce

- 3:15-4:30 PM **Leading and Engaging a Diverse Team: How to Create a Sustainable Foundation and Culture** (Brad Kurowski)
- 4:30-5:00 PM **Final Comments and Discussion with President and LD Course Co-Chair Pam Roberts**
- 5:15 – 7:15 PM **Back-to-In-Person Reception**

IMPORTANT NOTES:

- No continuing education credits
- All times are Central Time

Although significant changes are not anticipated, the schedules, sessions, and presenters are subject to change. See the latest schedule: [ACRM.org/ldc](https://www.acrm.org/ldc).