

Getting Yourself Out There: Conference Networking Tips for Newcomers

An Early Career Networking Group Webinar

with

Stephanie A. Kolakowsky-Hayner, PhD, CBIST, FACRM

Associate Professor



Icahn School
of Medicine at
**Mount
Sinai**

ACRM  **96th Annual Conference**
PROGRESS IN REHABILITATION RESEARCH

CHICAGO 2019

5 – 8 NOVEMBER

ACRMconference.org

Disclosures

- Dr. Stephanie Kolakowsky-Hayner does not have any financial or non-financial disclosures related to today's presentation.
- She is program-committee chair for ACRM and was recently elected President-elect, but neither impact today's presentation.

Objectives

- Attendees will be able to describe at least three ways to meet new people at a conference they have never attended before; a conference where they may not know other colleagues and a conference where they do not have a mentor present to make introductions.
- The presentation will include a discussion of this year's upcoming ACRM Annual Conference and will include identifying at least 5 opportunities to meet new people and network effectively.

Meeting New People at a Conference...

- **1. Use the time before the conference wisely**
- **2. Arrive early, and get some 1:1 time**
- **3. Sit next to interesting people, and introduce yourself**
- **4. Break into circles of people**
- **5. Invite people to talk to you**

Meeting New People at a Conference...

- **6. Bring business cards, and ask for business cards**
- **7. After the conference is as important as event itself**
- **8. Learn to spot VIPs**
- **9. Don't overdo the conference circuit**
- **10. And finally, have fun! It'll get easier, I promise**

This year's ACRM...

- **WRITE THIS DOWN AND REMEMBER IT!!!**
- **USE IT!!! KNOW IT!!! (you can download and use the app too!)**
- <https://acrm.org/meetings/2019-annual-conference/>

5 ways to meet new people at ACRM....

- ECDC
- EC and New Member Reception
- Expo – ACRM booth
- ❤️
- Gala!!!!

ACRM

AMERICAN CONGRESS OF
REHABILITATION MEDICINE



Early Career Networking Group

<https://acrm.org/acrm-communities/early-career/>

We invite you to join our Networking Group

Please Contact the Early Career Networking
Group Chair: Brooks Wingo bcwingo@uab.edu

CONNECT with US, Follow us



@ACRMtweets

Find ACRM on Facebook, LinkedIn, Instagram, YouTube, Vimeo, Flickr and Google+, too



We hope you will join us:
Please Contact Early Career Networking Group Chair:
Brooks Wingo bcwingo@uab.edu



ACRM AMERICAN CONGRESS OF
REHABILITATION MEDICINE

INTERPROFESSIONAL



Only **ACRM** brings together the **WHOLE** rehab team for **INTERDISCIPLINARY NETWORKING**.

Regardless of job title, ACRM welcomes all — doctors, nurses, assistants, administrators, public policy specialists, researchers and so many more numerous job titles — who all share deep passion about the research, the science, making a difference, advancing the field, and **IMPROVING LIVES**.

