

Innovative guide summarizes best practices for brain injury recovery

In “Cognitive Rehabilitation Manual: Translating Evidence-Based Recommendations into Practice,” Dr. Edmund C. Haskins identifies the best therapies for individuals with brain injuries

WASHINGTON – From wounded war veterans to retired NFL players, cognitive rehabilitation is a hot topic that remains poorly understood both in and out of medical circles. In “Cognitive Rehabilitation Manual: Translating Evidence-Based Recommendations into Practice” (ISBN 0615538878), Dr. Edmund C. Haskins summarizes the best evidence-based interventions for physicians, therapists and psychologists to use with patients who have suffered a brain injury. This groundbreaking volume makes dozens of cognitive rehabilitation research outcomes instantly available for the working clinician.

“The Cognitive Rehabilitation Manual” provides step-by-step instructions for the recommended interventions, making it an essential tool for any rehabilitation professional. The work provides support for a wide range of rehabilitation practices and cognitive domains including attention, memory, language, visuospatial abilities, social communications skills and metacognitive functions. It is based on an earlier series of evidence-based reviews of scientific literature on cognitive rehabilitation, which originally appeared in the “Archives of Physical Medicine and Rehabilitation,” the official medical journal of the American Congress of Rehabilitation Medicine (ACRM). ACRM President, Tamara Bushnik, PhD, FACRM, says about the manual, “This ground-breaking volume typifies ACRM’s efforts to support the transfer of cutting-edge rehabilitation research outcomes into clinical practice.”

“The Cognitive Rehabilitation Manual” is at once both practical and research-based. Over the last decade, there has been an explosion of high-quality research studies into cognitive rehabilitation. Much of that research was inaccessible by working clinicians because the review articles frequently failed to detail the treatment methods.

Haskins aims to correct this oversight by presenting an organized, comprehensive listing of treatments that pays as much attention to their working methods as it does to their theoretical underpinnings. This is a significant contribution to the field of brain injury rehabilitation that will raise the bar for the practical treatment of individuals with brain injury by clinicians and therapists.

“Cognitive Rehabilitation Manual: Translating Evidence-Based Recommendations into Practice” is available for sale online at Amazon.com and other channels.

About the Author

Dr. Edmund C. Haskins earned a doctorate in clinical psychology from the University of Florida in 1986. He currently serves as coordinator of neuropsychology at Hook Rehabilitation Center in Indianapolis where he provides treatment as part of the Outpatient Day Treatment Brain Injury Program. A neuropsychologist for 26 years, he also teaches as an adjunct professor in the psychology department at Indiana University-Purdue University Indianapolis.

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ACRM serves a global community of researchers and clinicians striving to deliver evidence-based rehabilitation interventions to people with disabling conditions, such as traumatic brain injury, spinal cord injury, stroke and neurological disorders, such as multiple sclerosis. ACRM is committed to the dissemination of research and educating providers while supporting advocacy efforts to ensure adequate public funding of research endeavors. www.ACRM.org

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